

ILLUM

Internet Slang, Chat Texting & Subculture

NEWSTART

means

**Nutrition, Exercise, Water,
Sunshine, Temperance, Air, Rest,
& Trust**

by [everymanslang.com](http://www.everymanslang.com)

NewStart Nutrition

NewStart Nutrition is the place to get a healthy meal on the go! Our delicious Meal Replacement Shake Combos make every day feel like a cheat day! Need energy? Boosted Teas will make you feel like a Superhero so EACH day is a NewStart!

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 www.newstartforme.com

 5 / 5.0 from 6 ratings

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OPERATING AS USUAL

What makes us such a big deal? We're glad you asked. Between the three of us we have over 20 years of experience working with all kinds of everyday people, helping them along their journey. Whatever that looks like for them. Over the course of that time we discovered what works, what doesn't, what is sustainable, what isn't, AND how to help personalize it to YOU. Because, let's face it, nutrition is not one size fits all! This works when YOU apply what we recommend. We are NOT your mother, you are never "in trouble", and the only person you have to answer to at the end of the day is YOU! So if you are ready - REALLY READY - we are ready to meet you where are, and take you to wherever you want to go. The possibilities are ENDLESS.

Hours :

Monday: 07:00 to 15:00

Tuesday: 07:00 to 15:00

Wednesday: 07:00 to 15:00

Thursday: 07:00 to 15:00

Friday: 07:00 to 15:00

Saturday: 08:00 to 13:00

 Parking : **Lot**

 **Health Food Restaurant** **Smoothie & Juice Bar**



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